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CARY FAIRCHILD OBITUARY

airchild, Cary Marie 64 July 17, 1950 Oct. 04, 2014 Cary was a force of nature; a brilliant white light of kindness, compassion and joy. She died Oct. 4, 2014, from injuries sustained in a motor vehicle accident that occurred Sept. 24, 2014. Cary died with her family and loving husband by her side. Cary was born in New York City, the first child of Eileen and Jack Zneimer. From Brooklyn Heights, the family moved to Iowa and Wisconsin and then to Hammond, Ind., where Cary was raised along with her younger siblings, John, Maud and Peter. Growing up, Cary was exceptionally smart, high spirited, fun loving and always craved adventure. A natural-born leader, Cary was the center of her family who depended on her. Her father says, "If someone called Cary and said 'do you want to climb Mt. Everest?' she would say 'When do we leave?'" Her mother recalls that, "Cary was a sweet, risk-taking tomboy. She loved to dress in ribbons and lace, which tended to interfere with her tree climbing." Cary graduated from Hammond Morton High School in 1968. She attended Ripon College and studied language abroad in Lausanne, Switzerland. Her fluency in French came in handy the following summer when she went on a camping expedition in Europe with her family. She was the only one who could read the menus. Cary graduated with honors from Indiana University and received her master's in psychology from Valparaiso University. She also completed the course work required for a doctorate in clinical psychology at the Illinois School of Professional Psychology in Chicago. After high school, Cary married Terry Luchene. They had two children, Aaron and Ann. Cary was a very devoted mother who adored her children and grandson, Logan. Cary met her husband of over 30 years, Jim, when they both worked as

mental health therapists in Valparaiso. Theirs was a deeply loving and committed relationship. Jim says that, "Cary was the kindest, most joyful person I ever met. In the entire time we were married, Cary never raised her voice or said one mean thing to me. I truly believe that we share the same soul." In 1989, Cary and Jim moved to Oregon. They quit their jobs in Indiana, sold most of their possessions and set out for Portland. They didn't know anyone in Portland and didn't have jobs but they knew where they were meant to be and trusted in their ability to make a new life in a place they loved. In Oregon, Cary took full advantage of the many opportunities for outdoor adventure. She loved the excitement of whitewater rafting, kayaking, mountain climbing, skiing, hiking, backpacking, desert camping and soaking in hot springs. She was always ready for a road trip. The destination didn't matter to Cary. It was the journey she enjoyed. Cary loved her home and neighborhood, too. She could often be found planting and tending flowers, watching movies, trying out new restaurants, shopping, watching birds, especially hummingbirds or just snuggling on the couch in front of the fireplace. Cary was committed to building a sense of community among her neighbors. She was cohost of the annual neighborhood Halloween party, helped Jim with the tomato and pepper plant giveaway each spring and was co-lead for the neighborhood web page. Knowing how much she loved Shakespeare, Cary and her sister took their mother to the Shakespeare Festival in Ashland every year, where they enjoyed plays, music and theater events. Cary worked at the Oregon State Hospital, where she was employed as a mental health specialist for almost 25 years. She was an outspoken advocate for her patients and fellow workers. Cary championed patient rights and fought to bring the option of alternative care to the hospital. She was instrumental in starting successful yoga and mindfulness meditation programs at OHS. These programs were well liked and well attended. Many of Cary's patients wrote her notes affirming how very helpful yoga and meditation are to their recovery. One of Cary's colleagues said, "Speaking up for alternative care in the workplace can take courage. Cary treated her patients with compassion, dignity and respect, and they loved her for it. She was fierce!" Cary worked hard but also had an immense capacity for playfulness and joy. Together with a close group of friends, she made the annual trek to Burning Man for the past 20 years. From the mannequin in her living room to her art car that proclaimed, "Life is Sweet," Cary did more than her share to keep Portland weird. She was active in the Portland Cacophony Society and enjoyed taking part in Mondo Croquet, the Brides of March, Drowning Rat and an assortment of other free-spirited and humorous adventures. Cary is survived by her husband, Jim; mother, Eileen Zneimer of Portland; father, Jack Zneimer of Sarasota,

Fla.; son, Aaron Luchene of Canby; daughter, Ann Klug and grandson, Logan, of Merrillville, Ind.; brothers, Peter Zneimer of Chicago and John Zneimer of LaCrosse, Wis.; and sister, Maud of Mill Valley, Calif. Life was not wasted on Cary. She loved every minute of it and worked hard to make sure others did too. Cary's family and friends will forever remember her for her sweet, compassionate, playful nature and for the joy she brought to all their lives. Cary was much loved by everyone who knew her. She is terribly missed. A memorial event for Cary and will take place at 1 p.m. Saturday, Jan. 31, 2015, at First Unitarian Church in Portland. Details will be announced on: caringbridge.org. In lieu of flowers, those who are inclined may make a contribution to the Cary Fairchild Memorial Scholarship Fund at: dayafoundation.org. The fund will be used to further Cary's passion for bringing the healing power of yoga and meditation to people confined in prisons and mental health institutions.

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I was blessed to be in one of the outside rings of the amazing orbits in which you lived your life. I learned from you and I miss your presence.

Mari Stephenson February 2, 2015

I can't believe Cary is no longer with us, lifting everyone's spirits as she goes about her busy everyday life.

I now live across the country most of the time but was back in Portland over the holidays and happened to see a mutual friend in the neighborhood grocery store and asked her about Cary as I hadn't been in touch with her for some time. Always planned to write and ask if she had time for a walk which we sometimes did when I was back in town, but hadn't for some time. I was so shocked to hear of the accident and her passing. Just another example of how unfair life is sometimes. I feel so sad for her family and close friends. I feel I was lucky to have crossed paths with Cary (yoga/pilates classes) and will always remember her fondly. But right now it's just heart breaking. Mary

January 30, 2015

What an amazing and brilliant woman. While I did not know her, after reading what those who did have to say about her it is apparent that she made quite the impact while she was here. You are dearly missed Cary. Namaste.

Wendy Harney January 6, 2015

Green tea, dark chocolate & yoga, she used to tell me. Thanks for all you taught us, Cary.

Steve Peters January 5, 2015

Namaste

Joanne January 5, 2015

Looking forward to playing with you more! Peace, Love and Light Moon Beam!!!!

Rob January 5, 2015

Burn bright!

Kirsteen Scott January 4, 2015

Such a sweet soul. Her joyful presence is missed, but her inspiration lives on.

Kirsteen Scott January 4, 2015

Cary was the salve, the head cheerleader for the OSH community. She was also the leading voice for recovery and mindfulness. I always will remember her kindness as well as her unabashed sense of humor. My husband and I also admired her for her self-effacing nature. Patients adored her. Namaste, sweet Cary.

Ashley Eason January 4, 2015

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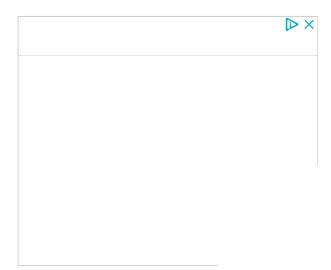
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